

# **CURRICULUM VITAE**

**DR KULSUM JAFFER**

**B.Sc, MBBS, D.Obst, FRCOG, FFSRH  
PG Dip PST**

**(February 2011)**

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## PERSONAL DETAILS

**Name:** Kulsum Jaffer

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**Sex:** Female

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## QUALIFICATIONS

BSc.	1973 (Karachi)
MBBS	January 1981 (Dow Medical College, Karachi)
D.Obst	April 1985 (Dublin)
MRCOG	November 1990 (London)
Family Planning Certificate	March 1991 (London)
FP Instructing Doctor	September 1991
MFFP	August 1993
LoC-SDI	March 1996
LoC-IUT	November 1999
BSCCP Certificate	January 2000
FRCOG	September 2003
FFSRH	May 2005
PGA Med Ed	October 2005 (Warwick University)
PG Dip Psychosexual therapy	March 2010 (University of Hull)

### Certificate of Subspecialist Accreditation

Community Gynaecology and Reproductive Health - 23.01.2001

Certificate of Completion of Specialist Training - STA of the Medical Royal Colleges

Obstetrics and Gynaecology - 24.09.2001

Faculty of Family Planning Assessor - No 10322 - 23.11.2001

Honorary Senior Clinical Lecturer - Division of Reproductive and Child Health,

Obstetrics & Gynaecology - Birmingham University - 01.12.2001

Preceptor ATSM (RCOG) – Sexual Health

Trainer SSM (FSRH) – Ultrasound and Abortion Care

## PROFESSIONAL MEMBERSHIPS

General Medical Council (Full Registration)	3528134
Medical Defence Union	233683 C
JCC Family Planning Certificate	29193
Family Planning Instructing Doctor	F 10684
West Midlands Association of Family Planning Doctors	
West Midlands Menopause Society	
British Menopause Society	
British Society for Colposcopy and Cervical Pathology	1681
Birmingham and Midlands Obstetrics and Gynaecological Society	
College of Sexual and Relationship Therapists	2309
Royal College of Obstetricians & Gynaecologists	13291
Faculty Registered Trainer	RT 0345
Faculty Assessor	10322
Fellow of Faculty of Family Planning	F00 1111

## EDUCATION

- 1968                    Matriculation. St. Joseph's School, Karachi  
Equivalent to 11 'O' Levels  
(Grades A\* - A)
- 1970                    Higher Secondary School Certificate  
St. Joseph's College, Karachi  
Equivalent to 6 'A' Levels  
(Grades A-B)
- 1973                    B.Sc. Karachi University  
Chemistry, Zoology, Microbiology  
(1<sup>st</sup> Division)
- 1974 - 1981            Dow Medical College, Karachi  
Certificate of Merit in Pathology

## **SUMMARY OF MEDICAL CAREER**

Qualified in Medicine - Jan 1981

HO posts in Surgery and Medicine - Feb 1981 - Jan 1982 (12 months)

SHO Obstetrics & Gynaecology - July 1983 - Feb 1985 (20 months)

**D. OBST.** - April 1985

SHO General Surgery - Oct 1985 - April 1986 (6 months) ELECTIVE

SHO Obstetrics & Gynaecology - June 1986 - Jan 1987 (8 months)

SHO Endocrinology - Feb 1987 - July 1987 (6 months) ELECTIVE

SHO Obstetrics & Gynaecology - Oct 1988 - Sept 1989 (12 months)

Registrar Obstetrics & Gynaecology - Nov 1989 - Nov 1990 (12 months)

**MRCOG** - Nov 1990

SCMO / Instructing doctor in Family Planning P/T- Sept 1991 - Jan 1996 (52 months)

**MFFP** - Aug 1993

Clinical Assistant GU Medicine P/T - April 1995 - Jan 1996 (9 months)

Flexible Training commenced

Registrar Community Gynaecology- 7 sessions/week - Jan 1996 - June 1996 (6 months)

Specialist Registrar Community Gynaecology -  
7 sessions/week - July 1996 - Sept 1997 (15 months)

8 sessions/week - Oct 1997 – Nov 1998 (14 months)

Subspecialty trainee in Community Gynaecology  
8 sessions/week - 9<sup>th</sup> Dec 1998 – April 2001 (29 months)

Consultant in Reproductive & Sexual Health  
Birmingham Specialist Community Health Trust - 01.05.2001  
Heart of Birmingham Teaching Primary Care Trust (Currently)

Programme Director for Subspeciality training in Community Gynaecology/Reproductive  
Health in Birmingham - 01.11.2001

Faculty of Family Planning Assessor - 23.11.2001

Honorary Senior Clinical Lecturer, University of Birmingham - 1.12.01

FRCOG - September 2003

FFSRH – May 2005

PGA Med Ed – October 2005, Warwick University

PG Dip Psychosexual Therapy – March 2010 University of Hull (Relate)

## EXPERIENCE SINCE GRADUATION

<u>Speciality</u>	<u>Hospital</u>	<u>Period</u>
<b><u>Present post:</u></b>		
Reproductive & Sexual Health	Consultant Heart of Birmingham Teaching Primary Care Trust (previously Birmingham Specialist Community Health Trust) St Patricks Centre Highgate Birmingham, B12 0YA	01.05.2001- to date
<b><u>Previous posts:</u></b>		
Community Gynaecology (Part time)	Subspecialty Trainee Birmingham Women's Healthcare Trust/ South Birmingham Community Health Trust West Midlands	09.12.98 - 24.04.01
Community Gynaecology (Part time)	Specialist Registrar Birmingham Women's Healthcare Trust/ South Birmingham Community Health Trust West Midlands	03.1.96 - 08.12.98
Genito-Urinary Medicine (Part time)	Clinical Assistant Birmingham Heartlands Hospital Birmingham B9	04.04.95 - 02.01.96
Family Planning (Part time)	Instructing Doctor SCMO Grove Road Clinic Solihull, B91	03.08.93 - 02.01.96
Family Planning (Part time)	Instructing Doctor SCMO Northern Birmingham Community Trust Alum Rock Birmingham, B8	16.09.91 - 30.11.95

## EXPERIENCE SINCE GRADUATION (Continued)

Family Planning (Part time)	CMO South Birmingham Health Authority Sparkbrook Birmingham, B11	01.02.92 - 17.11.94
Gynaecology and Obstetrics (Full time)	Registrar Law Hospital Carlisle Lanarkshire, ML8 5ER	03.11.89 - 02.11.90
Gynaecology and Obstetrics (Full time)	Senior House Officer Manor Hospital Moat Road Walsall West Midlands, WS2 9PS	01.10.88 - 30.09.89
Endocrinology (Full time)	Senior House Officer Jessop for Women Leavygreave Road Sheffield	01.02.87 - 31.07.87
Gynaecology and Obstetrics (Full time)	Senior House Officer Manor Hospital Moat Road Walsall West Midlands, WS2 9PS	09.06.86 - 31.01.87
General Surgery (Full time)	Post Graduate (Senior House Officer) Surgical Unit III Civil Hospital Karachi, Pakistan	16.10.85 - 15.04.86
Gynaecology and Obstetrics (Full time)	Senior House Officer Wordsley Hospital Stourbridge West Midlands	21.07.83 - 14.02.85

**Pre-registration year**

General Medicine (Full time)	House Officer Medical Unit II Civil Hospital Karachi, Pakistan	20.07.81 - 19.01.82
General Surgery (Full time)	House Officer Surgical Unit II Civil Hospital Karachi, Pakistan	20.01.81 - 19.07.81

## **CURRENT POST**

### **CLINICAL & MANAGERIAL ROLE**

I am a Consultant in the Reproductive and Sexual Health Service of Heart of Birmingham Teaching Primary Care Trust since 1<sup>st</sup> May 2001.

In addition, I am an Honorary Consultant at Selly Oak, Birmingham Heartlands and Women's Hospitals.

The Reproductive and Sexual Health Service is a pan Birmingham service. I am the sole Consultant and Head of the service. I line manage 14 doctors. 60 clinics per week are held at 20 different sites throughout the City. I am based at St Patrick's Centre, which is the main hub and administrative centre of the service. It also serves as a referral centre for Complex Family Planning problems from Birmingham and for complex and difficult subdermal implant removals from the West Midlands carried out by myself. I am also responsible for providing contraception to the HIV patients registered with the GU Medicine department of the PCT. I also undertake psychosexual counselling sessions for both men and women.

### **EDUCATIONAL COMMITMENTS**

- Honorary Senior Clinical Lecturer Division of Reproductive and Child Health, University of Birmingham.
- Director of the Subspeciality Training of the RCOG in Sexual and Reproductive Health in Birmingham.
- Regional Assessor (for potential Family Planning Instructing Doctors) of the Faculty of Family Planning and Reproductive Health Care.
- Preceptor of the Sexual Health ATSM of RCOG.
- Family Planning Instructing Doctor.
- Regular lecturing regarding Family Planning and Contraception, Menopause and Pregnancy Counselling to VTS and Specialist Trainees, GPs, Nursing and Midwifery staff
- Examiner in Obstetrics and Gynaecology - Final Year Medical Students.

### **LOCAL & REGIONAL WORK**

- Chair of Birmingham TOP Steering Group.
- Member of the Professional Executive Committee of Heart of Birmingham Teaching Primary Care Trust
- I have been involved in the development of ESOL (English for Speakers of Other Languages) learning for reproductive health.

## **PUBLICATIONS**

- 'Sex in the City': Birmingham's take on Sexual Health Delivery  
N.Deshpande, C.Hill, K.Jaffer  
Journal of Family Planning and Reproductive Health Care 2009; 35 (2): 125-126.
- Book review by K.Jaffer of:  
Caring for Muslum Patients  
2<sup>nd</sup> Edition Sheikh and Gatrad  
Journal of Family Planning and Reproductive Health Care 2009; 35 (1): 47
- Self Removal of Implanon  
K. Jaffer, S.Whalen.  
The Journal of Family Planning and Reproductive Health Care Vol 31.No3.  
July 2005:248
- A Multidisciplinary Approach to Chlamydia Screening in Women Undergoing Termination of Pregnancy: How well are we doing?  
M. Huengsberg, J. Gray, M. Mann, K. Jaffer, H. MacAulay, S. Drake, J. G. Jones, T. Allsopp, R. Birkhill, A. Wood,  
International Journal of STD & AIDS 2003;14: 287-288
- Contraception prior to Counselling for Termination of Pregnancy.  
K. Jaffer, J. R. Newton  
The European Journal of Contraception & Reproductive Health Care 2000;  
5:192-197

## **PRESENTATION AT ACADEMIC MEETING**

- Faculty of Family Planning and Reproductive Health Care – 25.11.04  
Discontinuation Rates of Implanon at a City Family Planning Centre  
N. Slater, D. Saleh, K. Plant, M. Jones, K. Srinivas, K. Jaffer

## **PEER REVIEWS**

- Article Review for The Journal of Family Planning Publication
  - Approaches to the Family Planning in Muslim Communities by Najat El Hamri  
Published in The Journal of Family Planning in January 2010
  - A Comparative Analysis: Abortion policies and practices in India, Pakistan and Bangladesh by Shazia Mehmood & Gloria Bachman – November 2010
  - Female Genital Mutilation by Sarah McCulloh & Comfort Momoh – December 2010
- Peer review – The Emergency Contraception Module of DFSRH e-learning course 2009/10

## **INTERESTS**

- Travelling
- Embroidery & Cross stitch
- Walking